

CLIENT BILL OF RIGHTS

Brentwood Recovery Home believes that it is important for clients to know, understand and be able to exercise their rights as they relate to the services and programs provided by Brentwood Recovery Home.

As a client, you have the right to:

- Be treated with dignity and respect, regardless of gender, sexual orientation, ethnicity, cultural background, religion, or disability.
- Be informed prior to and during your stay of services, programs, and supports available at Brentwood Recovery Home.
- Know the identity, qualification, and profession of those responsible for your care.
- Express concerns of any nature in writing or verbally.
- Understand the expectations related to your personal behaviour.
- Voluntarily withdraw from treatment and self-discharge from the program.
- Retain and use personal clothing and possessions as space permits, unless to do so would infringe on the rights of other clients.
- Private and confidential treatment of your personal information and may approve or refuse their release to any individual outside of Brentwood Recovery Home except as otherwise required by law.
- Be provided a safe and secure sleeping environment.
- Be provided a culturally safe and sensitive environment.
- Freedom from all forms of abuse.
- Freedom from discrimination, harassment, retribution, punishment, and exploitation.
- Be afforded the opportunity to participate in planning your recovery.

CLIENT RESPONSIBILITIES

➤ **You are responsible for maintaining sobriety.**

While at Brentwood Recovery Home, you are expected to maintain total abstinence from substance use. Medication prescribed by a recognized practitioner for a legitimate purpose will be administered only when approved prior to admission or as required during your treatment.

➤ **You are responsible for respecting the personal safety of others.**

Any and all forms of physical, sexual and psychological abuse or harassment against fellow clients, staff, students, volunteers, visitors or others is unacceptable and could result in immediate discharge.

➤ **You are responsible for respecting the personal property of others.**

No client may borrow or take possession (without staff permission) of another's personal property while at Brentwood Recovery Home.

➤ **You are responsible for respecting the spiritual beliefs of others.**

Everyone has personal spiritual beliefs. You are responsible for respecting others when their beliefs differ from your own.

➤ **You are responsible for treating staff, students, volunteers and visitors with courtesy.**

Disrespectful, threatening and mocking language or behavior directed at others will not be tolerated by Brentwood Recovery Home. Discriminatory behavior, based on age, ancestry, citizenship, creed (religion), colour, disability, ethnic origin, family status, gender identity, level of literacy, marital status, place of origin, membership in a union or staff association, political affiliation, race, receipt of public assistance, record of offences, sex, sexual orientation or any other personal characteristics will also not be tolerated, and could result in immediate discharge.

➤ **You are responsible for being honest and open.**

Treatment will be most effective when you are open to the variety of therapeutic interventions at Brentwood Recovery Home. You are expected to partner with Brentwood staff in a treatment process that requires honesty, open-mindedness, and willingness.

➤ **You are responsible for listening and reflection.**

Feedback will be offered, and you are responsible to listen and reflect upon the information being given. If you receive feedback or information that is inappropriate or unacceptable, you have the right to complain.

➤ **You are responsible for respecting the confidentiality of others.**

Information revealed to you while in treatment is not to be shared with others, except in circumstances where not sharing the information would endanger the safety or well-being of yourself or others. Please notify staff if there is cause for concern.

➤ **You are responsible for active participation in the therapeutic process.**

Success in recovery depends upon your full engagement in the therapeutic process, and the contribution you make when planning for your care and discharge.

CLIENT RESPONSIBILITIES *cont'd*

➤ **You are responsible for participating in community living.**

Assistance with housekeeping and grounds maintenance are part of the milieu therapy in our live-in treatment program. You are expected to contribute to community living by performing any reasonable task assigned to you.

➤ **You are responsible for behaving as both an individual and a member of your community.**

You are to be concerned about your own well-being and the well-being of others while at Brentwood. You are responsible for following Brentwood rules; established to protect the well-being of all persons involved with the organization.

Adopted with permission from Wayside House