

SPRING 2024 NEWSLETTER

UPCOMING EVENTS

- ✓ March 22 @ 7 pm
Memorial Event
(Celebrating the Ones We
Love and Lost), Main Events
Hall

- ✓ April 20 @ 7 pm, Spring
Fling Dance

- ✓ June 15 @ 10 am, Father
Paul Golf Scramble,
Orchard View Golf Course

Message from the Chair

SPRING

Winter is almost gone with the advent of spring. Even here in Windsor, the mildest part of Canada (except for B.C.) we all look forward to the end of Winter—the 5 pm nightfall, cold grey days, messy roads, bulky clothing. Spring, a time of growth, birds singing, flowers blooming, longer days.

RENEWAL. HOPE

Father Paul taught many things we need for a successful recovery--willingness, discipline, sharing, confiding. He always said that we need to learn to love and be loved; the inability to do this was crippling. And the main ingredient to tie all this together is hope. Hope. I agree with something Stan MacDonnell used to say, we alumni are proof that recovery can work. Just showing up and telling our story will encourage hope. I agree, Stan.

IN WITH THE NEW, KEEPING THE OLD

There have been, since its inception, many changes at Brentwood, inevitable in any organization. Some are drastic but reflect the changes in society in the 21st century. Change is inevitable. This Board as it is now constituted is the result of changes put in place through the Ministry of Health per Mark Walton, 12 alumni and 4 non-alumni. There are many changes needed to meet best practices in the recovery home community, Suboxone in treatment, psychotherapists, navigators, nursing staff. We are fortunate to have hired Elizabeth to help us implement and carry out these changes. Laws, not just best practice procedures have changed. After the murder of Lori Dupont at Hotel Dieu, Bill 168 was passed and the definition of and penalties for workplace harassment were changed and stiffened drastically. Again, thanks to Elizabeth, her staff, and some of the qualified Board members in this field to navigate a serious change in staff, client and alumni interaction.

HOPE

What hasn't changed is our core program; Ask, listen, do what you are told; share, confide and consult; learning to love and be loved. Father's message remains our core mission; the Board's goal is to update new practices with tried-and-true principles.

With warm regards

Ken Courtenay, Board Chair



Message from the Executive Director

Spring is always such an amazing time of year; a time of change and renewal.

Over the last few months, we have celebrated Marc Zakoor's transition to retirement. We have felt the loss of Marc's presence on the Leadership Team and welcomed Tom Butler to the Leadership Team to assist while Jenn Bastien continues to enjoy her maternity leave and pursues completion of her Master of Social Work while Mary Cadieux's part time role focuses on alumni counselling.

Shortly we will hold a Memorial Event celebrating the ones we have loved and lost.

There's been a lot of reflection and prayer for me since the Town Hall. I want to share some scripture I found helpful. It's from Matthew 12:25 "And Jesus knew their thoughts, and said to them, Every kingdom divided against itself is brought to desolation and every city or house divided against itself shall not stand". There is a message in this for all of us. We are a fellowship, a family. We love and support one another. We are called to unite around Brentwood's Vision of Transforming Lives and Communities through Compassion, Hope, Recovery and Service. I know that in the end a shared commitment to this vision and our love and caring will bring this house together. Love Wins.

With Gratitude,

Elizabeth Dulmage
Executive Director



Thank You

2024 Board of Directors



Ken Courtenay, Chair



Sonja Grbevski, Vice Chair



Allen Provost, Treasurer



Jenny Baird



Grace Doiron, Secretary



Brooke Gyetvai



Cari May



Donna Ryan



Ervin Keczem



Glen Malott



Scott Collier



Julie Santarossa



Norbert Bolger



Linda Lloyd-Dupuis



Maureen Rudall



Rick Pilon

BOARD OF DIRECTORS

2023-2024

This Edition's Spotlight...

Meet the The Medical and Intake Team



Dr. Christina Levang



**Adam Vandermuren
RN Supervisor**



Tracey Seguin, RPN



**Yvette Kowalksi, RPN
Intake**



Jenn Drescher, Medical Clerk



Joe Papa, Intake Officer



Kelly Burling, RPN (Part-Time)



Korede Adepitan, RPN (Part-Time)

BRENTWOOD NEW HIRES

(since November 27, 2023)



Name
Renee Reissner
Registered Psychotherapist



Name
Quaina Gaines
Casual House Maintainer



Name
Michelle Blythe
Casual Kitchen Cook



Name
Catherine Howard
Casual House Maintainer

Redesigning Our Future Initiative

Project Teams Updates

Enhanced Programming



We are excited to provide an update on the work our group has been doing with enhanced programming. We are happy to report that there has been a healthy turnout of participants, and it has been a great opportunity for us to work together. We have been meeting since before Christmas and continue to meet on a monthly basis.

Initially we brainstormed many different ideas and the first item that we have chosen to focus on is opportunities to enhance programming during the down time from regular

programming. One of the common complaints is that there isn't a lot to do here when there isn't programming, and we hope that some of these ideas will encourage alumni to also attend more often. We arrived at providing a variety of



workshops and activities that promote expanded knowledge and acquiring life skills.



We are currently reaching out to community partners and outside organizations to establish workshops and opportunities. We are developing a list of educational topics as well as activities that may include sports tournaments, art therapy sessions, mindfulness exercises, and more. In the end we hope to be able to offer multiple opportunities for clients and alumni to provide and/or participate in new learning opportunities.



Best Practice Implementation



The Best Practice Working Group has completed its first project. The group has developed a policy, procedure and process for Drug Testing to ensure safe and consistent practices related to the use of this “best practice” tool. We are beginning to work on the next opportunity that the group prioritized. A huge thank you to the members of this group for their commitment and efforts. Members are Sara Allen, Yvette Kowalski, Jon Rae, Paul Konopaski, Katie Reed.

Alumni Engagement

In the ongoing Redesigning Our Future project, Brentwood has made significant strides in enhancing Alumni Engagement, a critical pillar aimed at incorporating the insights and perspectives of the Fellowship into the project's co-design process. Notably, the installation of an alumni engagement board prominently displayed outside the main event hall serves as a dynamic platform for sharing information on volunteer opportunities, upcoming events, and soliciting ideas and feedback from alumni. Furthermore, progress on the volunteer survey, while still ongoing, marks a significant step forward. In response to evolving needs, an online version of the survey has been developed, enhancing accessibility and broadening participation among alumni, staff and program participants. Your input is invaluable to this endeavor, and we encourage you to contribute by participating in this important survey through the following link :

<https://forms.office.com/r/DzqzsUZV7d>

These initiatives underscore Brentwood's commitment to fostering a collaborative environment where the voices of its alumni community play a central role in shaping the future trajectory of the project. Stay tuned for further updates as the committee's work progresses.



BRH New Chapter

The committee has been working to engage a local marketing firm to assist with a Brentwood brand refresh and to help evaluate our internal and external communications. The committee is also working to identify ways to share the Brentwood story and to develop strategies for community outreach and partnerships.

Social Events

Update



New Year's Eve Party 2023

This was a very successful and well attended New Years Eve event which kicked off 2024 with good food, good music and even a candy bar. There was overwhelmingly positive feedback from all who were in attendance. Thank you to the Social Committee for all their dedication and hard work!



Memorial Event (Celebrating the Ones We Love and Lost)

Please join us as we honour and celebrate the lives of the ones we have loved and lost. This event will take place on March 22, 2024 from 7-9 pm in the Main Events. Luminary bags and tea lights will be provided as well as cake and refreshments. Coming together in Community and Fellowship.

Euchre Tournaments

Euchre Tournaments continue to be held. The February 23, 2024 tournament saw approximately 48 people in attendance, and alumni. **The March 22 Euchre Night Memorial Event.**



every 4th Friday of the month. the largest turnout yet with men and women on program **will be cancelled due to the**



Spring Fling Dance

Our next dance will be held on April 20. Doors open @ 7 pm. More information to follow.

Fundraising News

Dream Home Lottery 32 Grand Event Winners

<https://www.brentwoodlottery.com/winners/>

Lottery Winners



BRENTWOOD LOTTERY

BUY EARLY FOR MORE CHANCES TO WIN!
4 EARLY BIRD CASH PRIZES OF \$25,000 | MAIN DRAW CASH PRIZES OF \$500 - \$25,000
90 EARLY BIRD DRAWS | 22 MAIN DRAW PRIZES

GRAND PRIZE
WIN A NEW HOME WORTH **\$750,000**
400 PERENNIA DRIVE, HARRISBURG, PA 17111-1001
NOR-BUILT

TICKETS
\$50 EACH
\$100 FOR 3
\$250 for 10

OVER \$1 MILLION IN TOTAL PRIZES!
CASH PRIZES UP TO **\$25,000**

2024 Jeep Wrangler Sport
Retail value \$64,295 or \$51,436 Cash

2024 Chevrolet Colorado Trail Boss
Retail value \$61,218 or \$48,974 Cash

2024 Ford Mustang V8 GT Fastback
Retail value \$55,590 or \$44,472 Cash

TICKET DEADLINE DECEMBER 31ST 2023 @ 11:59 PM
ORDER YOUR TICKETS ONLINE! WWW.BRENTWOODLOTTERY.COM



BRENTWOOD LOTTERY

CONGRATULATIONS
WINNER OF THE GRAND PRIZE
NEW HOME WORTH \$750,000
DAVID MICKLE
TICKET #B-123890
AMHERSTBURG

Prizes may not be exactly as shown

NOR-BUILT
commercial • residential • design-build



BRENTWOOD LOTTERY

CONGRATULATIONS
BONUS 50/50 WINNER
LLOYD CHASE
TICKET #D-280717
WINDSOR

WINNER TAKES HOME
\$143,100

BRENTWOOD LOTTERY

CONGRATULATIONS

WINNER OF THE
2024 CHEVROLET COLORADO TRAIL BOSS

AMY SCHAUBER
TICKET #A-147691
TECUMSEH



Retail value \$61,218 or \$48,974 Cash

GoAnywhere
CHEVROLET, BUICK, GMC

BRENTWOOD LOTTERY

CONGRATULATIONS

WINNER OF THE
2024 JEEP WRANGLER SPORT

SHAWN HOPKINS
TICKET #B-121582
LAKESHORE



Retail value \$64,295 or \$51,436 Cash

MOTORCITY
JEEP, RAM, CHRYSLER

BRENTWOOD LOTTERY

CONGRATULATIONS

WINNER OF THE
2024 FORD MUSTANG V8 GT FASTBACK

PATRICK ST. DENIS
TICKET #C-145582
WINDSOR



Retail value \$55,590 or \$44,472 Cash

Joe Meloch

CONGRATULATIONS

TO OUR CASH WINNERS
JANUARY 13TH, 2024

\$25,000
JAMIE DE'ATH
TICKET #C-124582
NEWMARKET

\$10,000
SIMON NADER
TICKET #C-131946
WINDSOR

\$5,000
LUCILLE MAILLOUX
TICKET #A-109131
BELLE RIVER

SUSAN BUXTON
TICKET #C-108316
WINDSOR

CONGRATULATIONS

TO OUR CASH WINNERS
JANUARY 13TH, 2024

\$500

SANDY LAFLEUR
TICKET #B-102478
LASALLE

JOHN LISQUM
TICKET #B-120208
WINDSOR

ROBERT & DEBBIE GORDON
TICKET #C-112113
WINDSOR

WYMAN ATKINSON
TICKET #B-123408
WINDSOR

KEVIN O'NEILL
TICKET #C-102549
TORONTO

EMILE LAVOIE
TICKET #B-106068
WINDSOR

CONGRATULATIONS

TO OUR CASH WINNERS
JANUARY 13TH, 2024

\$1,000

BRENDA LECLAIR
TICKET #B-130075
WINDSOR

PAULINE BUTLER
TICKET #C-130890
BELLE RIVER

ROCHELLE ROBITAILLE
TICKET #C-100480
WINDSOR

SONJA BARRETT
TICKET #C-105820
LONDON

CURTI BABULA
TICKET #B-143029
DRESDEN

DENISE DIESBOURG
TICKET #A-125292
BELLE RIVER

ZAHAR HANNA
TICKET #C-131097
WINDSOR

TIM O'CONNELL
TICKET #C-126471
MAPLE

Fundraising News

Lottery Report

Thank you to everyone that supported the 2023/2024 Dream Home Lottery. This year was the 32nd running of the lottery, one of the longest operating lotteries in Ontario. Lottery 32 saw another strong result generating over \$1,857,000 in sales. After paying expenses, proceeds are over \$420,000.

This year's result is especially important as it was achieved during a very difficult economic climate in Ontario, with people struggling financially and charitable giving down across the country. These factors and others impacted sales. There were approximately 10,000 less home lottery tickets sold this year, resulting in approximately \$114,000 less in proceeds than the previous year's lottery. However, the 50/50 portion of the lottery did better with over 26,000 more tickets sold.



Despite challenging operating factors, this year's result is very much a good news story! Lottery investment continued to see a positive return on proceeds, marketing demonstrated strong engagement in the social media channel, and we established a new partnership with Nor-Built Construction to build our dream homes. Speaking of the dream home, construction was completed in 60 days - something many believed was impossible!

All lottery prizes have been awarded and the winner of the dream home, David Mickle from Amherstburg is working with the builder to take ownership of their new home.

A special thank you to the Lottery Committee and Fundraising Committee. Thank you to Cheryl Chaney for helping coordinate the build and to Sara Allen for the many hours coordinating volunteers and selling tickets.

Planning for Lottery 33 has already begun, and we look forward to another successful lottery.



Lottery 32 Builder & Trades Thank You

Thank you to Nor-Built Construction for building a beautiful dream home in Harrow. We are also grateful to the many trades, vendors and suppliers that donated or discounted materials and labour to make this year's build a success.

Fundraising Events/Campaigns/Projects:

Women's Wish Tree Fundraiser

Thank you, ladies, for the tremendous turnout! There were close to 100 items donated for auction. Net proceeds from this event totaled \$3,000 plus a \$250 donation which was used to purchase Christmas gifts for families in need. Thank you to all our donors and attendees for making this event a success!



Christmas Lunch

The Christmas luncheon was truly an event of gratitude with over 300 meals served to clients and alumni by an army of alumni volunteers/staff. Leo and his kitchen staff and volunteers served up an amazing turkey dinner with all the trimmings. Thank you to everyone who made this happen! It was a wonderful afternoon including sharing by people

on program and alumni.



Zen Garden

Happy almost Spring!

Quick update on this exciting project... Landscape design students at St. Clair College are full steam ahead with their Zen Garden creations, to be built in our open green space on the south end of property. On April 1st a small group of staff will be attending the College for an early look at progress and be able to offer some feedback to students. Then, on April 22nd a larger contingent from Brentwood including a few Alumni have been invited to the final presentations of the completed designs. Following that trip, we'll look to come to a consensus on a favorite and start moving towards shovels in the ground!



Can't wait to see what the students have come up with - to be continued!!

Russ Robinet



RONA Home Sweet Home Campaign

Thank you to the local Rona + stores and their customers for a generous donation of \$8,500. The funds were raised from the Rona + Home Sweet Home Campaign that ran in September 2023. Customers were asked to make a monetary donation to Brentwood as they were checking out from the store. We are working with Rona + to identify projects to dedicate the funds to.

Unifor 240 Donation



Unifor Local 240 made the season bright this past Christmas with the donation of pajamas and slipper socks for all the women on program. The good cheer carried over into the new year when the Kay Ryan received an additional donation from the local of a new washing machine and dryer. Unifor Local 240 Women's Committee holds fundraisers throughout the year to raise money towards donations to assist the vulnerable members of our community. The Christmas initiative included donations to programs that serve female identifying clients. Brentwood is grateful to be considered and included in this initiative.

Major Donations

Thanks to a very generous donation of \$40,000 from the estate of Marion Rae Melville for the creation of a Vegetable Garden Project. We are not looking for a Volunteer Lead for the project.

Are you looking for a unique volunteer leadership opportunity? Have you been yearning to put your talent in project management and love for gardening to serve a great cause?

Well, look no further! If you are committed to making a meaningful contribution by engaging others, we are looking for you! We are looking for leaders like you to spearhead the creation of a large vegetable garden project.

Horticultural therapy provides the opportunity to be closer to nature. It is known to reduce stress, improve mood and emotional well-being; creating an opportunity for people on program to experience a therapeutic activity and enjoy fresh vegetables that they were part of tending and caring for. Monies to purchase materials have been provided through an estate donation.

If you are one or more of the following, we'd like to talk to you:

If you have expertise in farming /gardening/ greenhouse operations.

If you would like to make a difference in your community and seek gratification from a job well done.

Energetic and entrepreneurial people, eager to put their enthusiasm for "changing the world" to lead a project consisting of other volunteers.

People with experience and a demonstrated talent, joy and energy in helping coordinate successful projects.

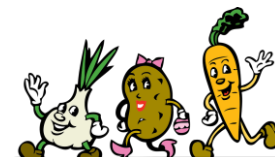
If you are responsible, reliable and accountable to see projects through to completion.

If you are interested in discussing this volunteer opportunity further, please send your expression of interest to Janis Cramp @ jcramp@brentwoodrecovery.com

Credit to 2017 Cause & Effect Inc. www.ceffect.com info@ceffect.com

Your Fundraising Team,

Paul McCann, Director, Fund Development & Community Engagement
Janis Cramp, Volunteer/Special Events Coordinator





Spread the News



Brentwood is in need of a 4x4 truck for snow plowing. The 2000 Dodge Ram we have been using for several years has finally died. Kilometers are not an issue as long as it is able to pass a safety. In exchange, we will provide an in-kind tax receipt for the market value of your vehicle. If you work for a municipal department that is updating its fleet or if you know a car lot salesperson looking to send a truck for auction, please feel free to share this information. This would likely be a sizeable charitable in-kind tax receipt.

As we gear up for an exciting lineup of events, including the annual golf tournament, walk-a-thon, and pig roast, we're reaching out to you, our esteemed alumni and the incredible Brentwood team to join us in making these occasions truly unforgettable. Your involvement not only adds a touch of camaraderie and nostalgia but also plays a vital role in supporting our mission of recovery and renewal.



Your involvement is crucial in ensuring the success of these events, as we need volunteers to assist with the planning process. Whether you have a knack for organizing, a flair for fundraising, or simply a passion for giving back to the community, your participation fosters a sense of community and solidarity among our alumni, residents, staff, and supporters. Join us in creating memories, sharing stories, and reaffirming the bonds forged through shared experiences. For more information and to sign up as a volunteer, please reach out to Janis Cramp, our Volunteer/Special Projects coordinator, at jcramp@brentwoodrecovery.com or call 519-253-2441, extension 211. Let's come together to make a difference, one event at a time.



Did you know that Brentwood has a Diversity and Inclusivity Committee. Members are:

Elizabeth Dulmage, Executive Director
 Quaina Gaines, Staff
 Jennifer Lavin, Staff
 David Richardson, Staff
 Crystal Archibald, Alumni
 Matt Hermes, Alumni
 Chase Meloche, Alumni
 Ben Moradi, Alumni.



Women's Support Group

Meetings on Wednesdays at 6 pm

& Thursday mornings at 9:30 am

Please sign in at the main entrance before proceeding to the Youth Wing



Couples Group Meetings

every other Monday at 6 pm

(Next meeting: November 27, 2023)

Please sign in prior to proceeding to the Youth Wing

Youth Group Meetings

Ages 6-16

Every Tuesday at 6 pm

Main Events Hall

Parents or Guardians must be in attendance.



Opens Arms with Service



Thank you to all who participate in making a difference in someone's recovery journey.

Anyone who would like to join and be on a team please call Catherine Howard at 226-975-3636.

Sunday Morning Church Services



Join us Sunday mornings at 10 am for mass/church services - friends and family are welcome!

Alternating one week Catholic mass, the next week non-denominational.

Review Weekly Announcements for details.

Euchre Tournaments

Mark your calendars! Last Friday of the Month

Next dates: April 26, May 24, June 28

Euchre tournament starts at 7:30 pm in the Main Events Hall.

Doors open at 7 pm.

Tournament Fee \$10

Top 3 scores share 50% of the buy-in.



Brentwood Merchandise



Brentwood hoodies, T-shirts and golf shirts are available in different styles and colours.
Please see Jamie Fowler at reception (main entrance) to place your order.

Food Bank



The food bank is now open Monday, Wednesdays & Fridays from
9:30 am to 10:30 am.

Monetary donations are appreciated.

Online: etransfer@brentwoodrecovery.com (in memo write Food Bank) or
contact Nicole Wengrzynski at nwengrzy@gmail.com

Every little bit helps – \$5 makes a difference

Suggestions and Questions Box Area

Suggestions and questions can be submitted in the box under the TV by the main entrance.
Every month answers will be posted on the board above it.



Inspirational Messages

Inspirational messages--Recovery Gave Me... Templates are available for alumni to complete and post on the Suggestions & Questions bulletin board. They will be posted on the lobby TV.



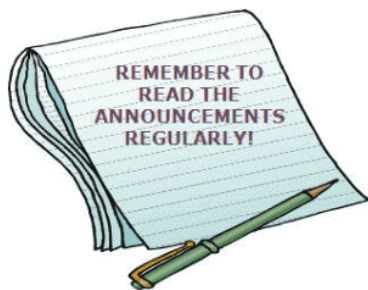
Sunday Afternoons with Father Paul

Every 1st and 3rd Sunday of the month now at 2:30 pm in the Administration Building.
Alumni and people on program are welcome.

Event Planning Checklist

If you are planning a social event for Brentwood, please see JANIS CRAMP (ext. 211) for the Event Form which requires Special Projects Coordinator approval.

Brentwood's Weekly Announcements



Stay in the Know!

Announcements are shared

- main entrance lobby TV
- at the 10:30 am meetings
- by email (optional)