

Brentwood Recovery Home

JOB DESCRIPTION

JOB TITLE: Registered Psychotherapist

DATE PREPARED: March 25, 2024

DEPARTMENT: Client Services

POSTING NUMBER: #04-2024

REPORTS TO: Director of Client Services

GENERAL SUMMARY

Under the direction of the Director of Client Services, The Registered Psychotherapist is an important resource on the inter disciplinary treatment team.

ORGANIZATIONAL DUTIES AND RESPONSIBILITIES:

In addition to specific key job responsibilities identified in this position description, the incumbent is also responsible for contributing and supporting the overall culture and working environment of Brentwood by:

- Demonstration and exemplify Brentwood's mission and values in day-to-day work
- Acting with the highest standard of professionalism with clients, family members, community partners, and colleagues.
- Working in the manner that preserves and respects the privacy and confidentiality of personal health information.
- Working in a manner that promotes and maintains the reputation of Brentwood and minimizes risk of harm and/or liability to the organization.
- Working in a manner that complies with Brentwood's policies and procedures.
- Working in a manner that meets all Health and Safety requirements to ensure a healthy and safe workplace.
- Acknowledging, respecting, and affirming the diverse needs of our community, clients, and Brentwood's employees with the goal of reducing disparities in health outcomes.
- Contributing to Brentwood's work by promoting awareness, participating in committees and agency events.

POSITION RESPONSIBILITIES AND DUTIES:

- Coordinate, initiate and conduct assessments to help guide treatment planning
- Provide individual and group psychotherapy utilizing evidence-informed practices
- Work in close collaboration with the interdisciplinary treatment team to monitor the clients experience through ongoing meetings to review progress, create, and adjust treatment plans, and liaise with referral sources.
- Participate in the development and implementation of discharge planning and referral to appropriate community resources.
- Create, deliver, and evaluate informed psychoeducational materials that enhance current programming.
- Facilitate specialized group therapy sessions.
- Complete documentation and record-keeping as per Brentwood Recovery Home policy and Governing College Standards.
- Supervise or assist with supervision of students from various programs.
- Additional tasks and assignments as seen appropriate by the Director of Client Services.

QUALIFICATIONS

Education:

Requires knowledge and skills acquired through the completion of a master's degree. Current membership and in good standing with one of the following:

- Ontario College of Social Workers and Social Service Workers
- Ontario College of Registered Psychotherapists
- College of Nurses of Ontario
- College of Occupational Therapists of Ontario
- College of Physicians and Surgeons of Ontario
- College of Psychologists of Ontario

Experience:

Relevant experience in the Mental Health and Addiction Sector. Previous experience in a residential treatment facility would be an asset.

Knowledge & Skills:

- Experience with evidence-based short term therapy modalities, crisis intervention and trauma informed care.
- Experience with adult group therapy and adult psycho education.
- Comprehensive knowledge of mental illness and treatments
- Up to date knowledge of relevant mental health policy and legislation including the Mental Health Act
- Demonstrates the ability to work in a multidisciplinary team
- Effective oral and written communication skills
- Bilingualism would be an asset

Interaction:

Able to work with other professionals to problem solve and achieve common goals in a predicative manner using a cooperative approach.

Decision making and problem solving:

Able to solve problems while exhibiting critical thinking skills and a realistic understanding of issues, utilize de-escalation techniques, and provide support to colleagues to navigate crisis.

Energizing:

Able to create positive energy (motivation) in both individuals and groups.

Compensation and Schedule

Starting salary to be based upon the successful applicant's experience and qualifications.

Valid Police Clearance with Vulnerable Sector check will be required within the first 30 days of employment.

How to Apply

In compliance with Covid-19 related policies and restrictions, resume and cover letter may be submitted by email only to: jlavin@brentwoodrecovery.com on or before 3pm April 8th, 2024

Please mark in the subject line "Posting # 04-2024"

Brentwood Recovery Home is an equal opportunity employer and strives to establish and maintain an inclusive workplace and believes that the diversity of our workforce is an invaluable asset. We are committed to following recruitment and selection practices that ensure all candidates are given a fair opportunity for employment with Brentwood. We welcome and encourage applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process.